Please call us to make an appointment for a consultation. The telephone numbers are listed below.

Monday to Thursday 8:00 till 17:00

Friday 8:00 till 12:00

You are also welcome to leave a message on our answering machine and we will call you back as soon as we can.

Telephone 08092/823-364 08092/823-366 08092/823-270

Alternatively contact us by E-Mail: schwangerenberatung@lra-ebe.de

We are located opposite the Ebersberg S-Bahn station.



Landratsamt Ebersberg Gesundheitsamt Eichthalstraße 5 85560 Ebersberg

Internet: www.lra-ebe.de www.schwanger-in-ebersberg.de



Landratsamt Ebersberg

Eichthalstraße 5 · 85560 Ebersberg Telefon: 08092 823 0 · www.lra-ebe.de



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# State-approved counselling centre for pregnancy support



Landratsamt Ebersberg



#### You...

- need contact information for midwives or child care facilities
- have questions about your pregnancy or are experiencing problems
- have difficulties with your partner or family due to your pregnancy
- are a single parent
- would like to know more about family planning and contraception
- your pregnancy is unwanted and you do not feel in a position to see it through
- experience problems after an abortion or a miscarriage

#### We...

- assist you in applying for payments from the "Landesstiftung Hilfe für Mutter und Kind" (application only possible during your pregnancy), e.g. for a pram, baby clothes, changing mat for changing a baby's nappy
- advise you on general questions about pregnancy
- support you with specialised advice and offer to accompany you until your baby's third year
- provide you information about further contact partners and where necessary can set up the first contact
- advise you in case of a pregnancy conflict under § 219 StGB
- advise you on questions of family planning, sexuality and contraception

### Upon request we provide you condoms free of charge.

Of course you may come to the consultation on your own, together with your partner, or with any other person of your trust.

## You are advised by...

... trained employees of the Pregnancy Counselling Centre who regularly participate in training and supervision and who have completed their studies in Social Education.

The consultations are

- confidential
- free of charge
- · anonymous if you so wish
- independent of nationality and religion

If necessary, we can arrange for contact with doctors, psychologists, lawyers etc.